



OMNI Behavioral Health Eating Disorder Program

Eating Disorder Treatment: An Ever-Evolving Practice

In honor of the 24th annual National Eating Disorder Awareness Week, OMNI Behavioral Health Eating Disorder Program presented an educational conference and inspirational candlelight vigil on February 24, 2011. We had a great turn-out for this event with 71 conference attendees and over 100 supporters at the candlelight vigil.

Our gracious host was Flatland Church and food contributions were given by *Eating Recovery Center* in Denver, Colorado and *Timberline Knolls* just outside Chicago, Illinois.

Our speaker presentations included focuses on eating disorder trends, anticipated DSM changes, motivational interviewing, treatment planning, and sports nutrition. A unique addition to our event was hands-on workshops, during which time attendees could see first-hand innovative treatment strategies for disordered eating, exercise, and body image.

OMNI Behavioral Health is a unique community-based regional treatment center offering comprehensive, multidisciplinary approaches to providing treatment to people with eating disorders and concurrent psychological/psychiatric diagnosis. OMNI Behavioral Health is a not-for-profit 501 (c) 3 organization and is JCAHO accredited. Whether adult or adolescent, male or female, treatment is available for those at risk for or are experiencing challenges related to Anorexia Nervosa, Bulimia Nervosa, binge eating or compulsive overeating. OMNI's mission is recognizing the importance of cooperation for improving the living conditions of children in every community. OMNI will promote those activities which enhance personal autonomy while promoting the spirit of the global community.

OMNI Behavioral Health Eating Disorder Clinic was started in 2001 with a Day Program and Outpatient Services. The first Candlelight Vigil was started that year with a handful of people in a small church and has progressively blossomed into a beautiful event gaining more awareness with each individual bud.

Eating disorders deserve and demand serious public attention. The stigma associated with eating disorders has long kept families and individuals affected with these illnesses suffering in silence, have inhibited funding for crucial research, and have become a significant barrier to treatment. Because of insufficient information, the public and professionals often fail to recognize the dangerous consequences of eating disorders. It is time to spread awareness about the realities of eating disorders.

It's Time to Talk About It.

For more information, please contact:

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CONFERENCE HIGHLIGHTS



Eating Disorder Trends

Dr. Mary Legino



Anticipated DSM Changes and Motivational Interviewing

Megan Riebe, MS, LIMHP

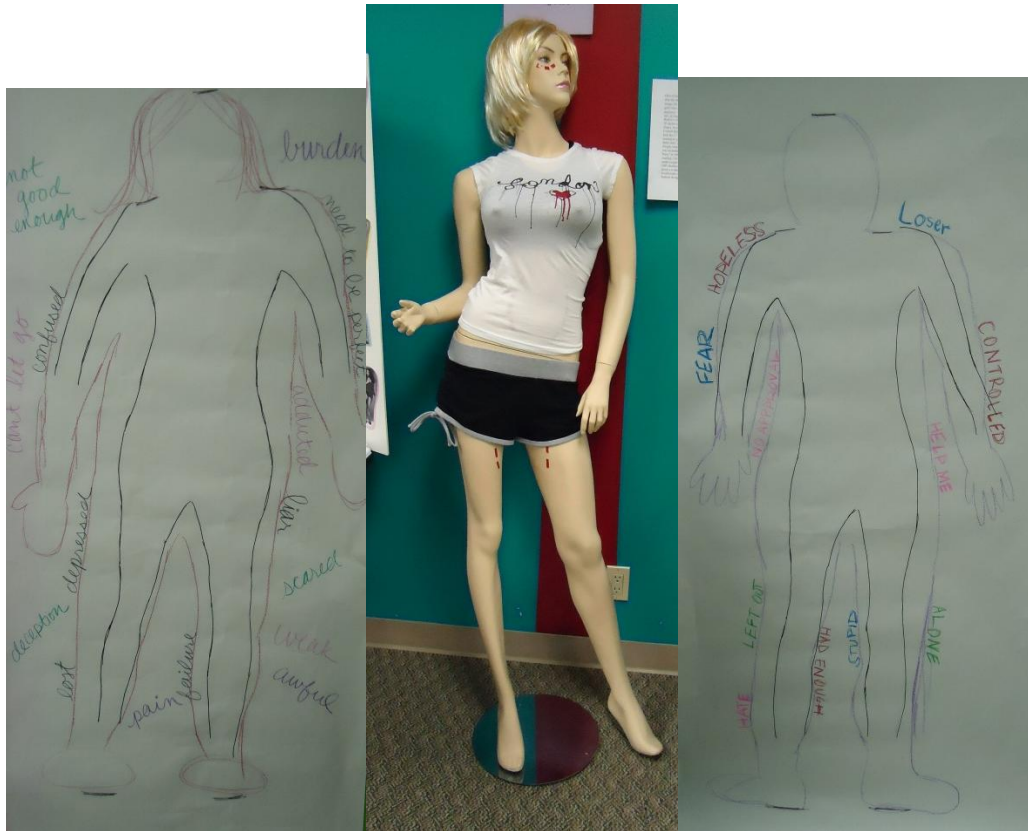


Treatment Plan Development
Melissa McDavitt, MS, PLMHP



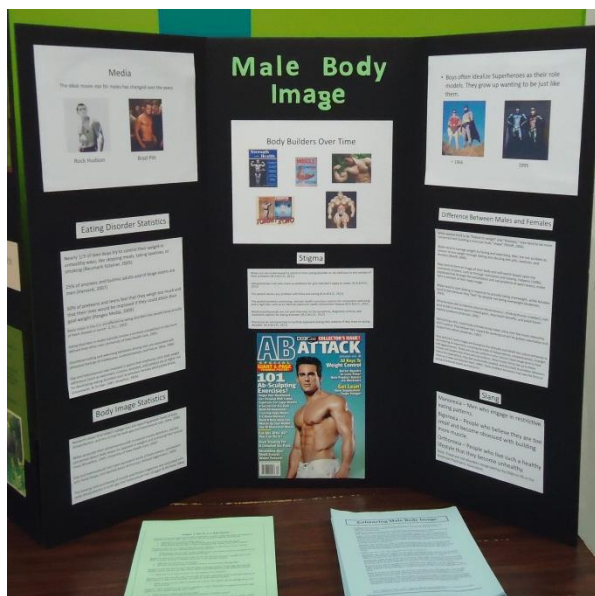
Sports Nutrition
Crystal Zabka, MS, RD, CSSD, LMNT

BODY IMAGE WORKSHOP

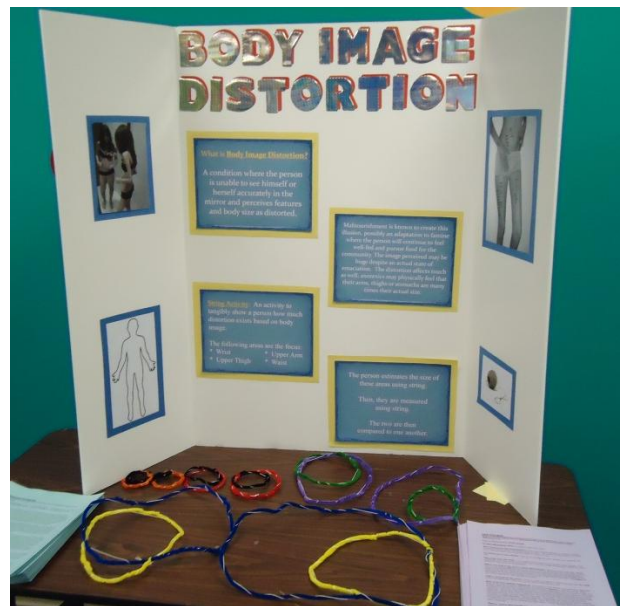


Life-Sized Barbie

Body Tracing Examples



Male Body Image



String Activity Examples

ART THERAPY SHARED ANNONYMOUSLY BY CLIENTS





PRESENTATION OF 2011 EATING DISORDER ADVOCACY AWARD

Recipient: Dr. Kristi NewMyer, Alegent Health



CANDLELIGHT VIGIL





OMNI Behavioral Health Eating Disorder Program

Thank you from our staff!



Audrey Wiener, PhD
Clinical Psychologist

Mary Legino, PhD
Clinical Psychologist

Kris Hess-Tevis, LIMHP, NCC, LPC
Chief Operating Officer

Susan Feyen, LICSW
Director, OMNI Clinical Services

Crystal Zabka, MS, RD, CSSD, LMNT
Director, Eating Disorder Program
Sports Dietitian, Medical Nutrition Therapist

Diane Ingalise, BS
Officer Manager, Medical Receptionist

Nutrition Interns: **Jessica Robinson, Kayla Brandt, Amanda Neighbour**

Therapy Interns: **Kristal Walenz, Alex Cass**

Cathy Andrews, MS, LMHP
Eating Disorder Therapist

Jamie Chiburis, MS, LMHP
Eating Disorder Therapist

Danielle Jackson, MS, PLMHP
Eating Disorder Therapist

Amy O'Brien, RN
Registered Nurse

Stephanie Tornquist, MS
Day Program Specialist

Kayla Brandt, BS
Day Program Specialist