PracticeWise Quick Guide

PracticeWise Clinical Dashboards
1. Template to assist the clinician in tracking client process (i.e. mood, anxiety, behavior rating from school, number of certain behaviors such as school suspensions, fights, detentions, school attendance, law enforcement contacts, etc)
2. Display treatment plan evidence (outcomes and interventions)
3. Forms exported into Excel to allow for adjustments (“save as” to create a new one for each client; upload completed sheets to Penelope).
4. Provides an easy-to-read visual snapshot for clinician and external stakeholders

Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH)
1. Table of Contents (Comprehensive list of interventions and handouts)
   a. You can choose any intervention/handout (printable) needed for therapy session
   b. Each intervention includes appropriate audience, issue addressed, and handouts for youth and caregiver
2. Interactive Mode
   a. Select Protocol (Anxiety, Conduct, Depression, Traumatic Stress)
   b. System provides you with a flow chart of the evidence based treatment protocols (visual overview of what the treatment process will look like)
   c. Then, the system provides a step by step process of treatment for that individual
      i. Occasionally, the system will check in to make sure steps are working, if not, it will adjust the process to accommodate interference
      ii. Always gives the option for “managing obstacles”

PracticeWise Evidence-Based Services (PWEBS) Database
1. Database to search for Evidence-Based Services
2. May search by:
   a. Youth Treatments-enter specific youth characteristics to find matching treatment protocols, practices, and corresponding research support
   b. Treatment Protocols-search for treatment protocols by author, title, or type of treatment (i.e. FFT, Behavioral Training, CBT, Medication, etc.) to find out what practices are used and which studies tested the protocol
   c. Treatment Practice-view practice descriptions, find treatment protocols that use a specific practice and its research support
   d. Research Papers-search for specific papers by author, title, or source

PracticeWise Practitioner Guides
1. Practice Guides-short, yet detailed guides and/or handouts for specific practices (i.e. attending, caregiver handout on anxiety, engagement with caregiver, engagement with child, exposure, etc.)
2. Process Guides-Clinician tools (i.e. clinical event structure, how to plan and coordinate episodes of care)

**Problem Areas addressed**

Anxiety, Attention, Autism Spectrum, Depression, Disruptive Behavioral, Eating, Elimination, Mania, Substance Use, Suicide, and Traumatic Stress

**Youth vs. Adults**

1. Research is based on studies for youth. However, many interventions are also utilized for adults (i.e. anxiety-exposure). You may also use the dashboards for any age client
2. Many adults are caregivers. You may use the materials associated with parenting, problem solving, etc.

**Why and How do I use PracticeWise**

1. Guides the treatment process
2. Integrate Evidence Based Services into every day practice
3. Provide the evidence and research to support the interventions you are utilizing
4. Enhance court reports, treatment plans, and reports associated with the care of your clients
5. Develop more precise and accurate treatment plan which includes evidence based interventions
6. Help you be a better clinician by providing continual education on “what works” in our field
7. Ethical responsibility to stay educated in the field you work in and types of clients you work with
8. Offers new research supported, effective interventions; helps clinician if “stuck” with a client
9. Quick and easy clinician or client printable handouts
10. Provides information specific to youth and caregivers to guide treatment for the entire family
11. Dashboards-quick way to show external source, client change
12. Overall, improves the quality of care OMNI clinicians provide
13.
Questions when starting a case

1. Treatment goals?
2. Treatment interventions (included on the treatment plan)?
3. How assess change? (i.e. mood scale, Days take all meds, school attendance, Peabody assessments)
4. What should my practice menu include (i.e. pro-ed, approved practices for Conduct Disorders, etc.-interventions used on the treatment plan)?
5. Where do you start?
6. Who do I involve?