

OUR CREDENTIALS

- / OMNI Behavioral Health complies with provisions of Functional Family Therapy (FFT). Our site has been in operation since 1993. We have helped 1,000's of youth and families referred by Children and Youth, Juvenile Probation, and schools.
- / OMNI Behavioral Health is the only accredited site using the FFT model in the state of Nebraska.
- / We accept most insurance companies including Medicaid and Magellan.
- / As tracked by FFT nationally, FFT outcomes are outstanding. *Service outcomes reveal significant improvement in parenting skills and family communication. Clients receiving FFT services also demonstrate a considerable reduction in substance use and other at-risk behaviors, such as stealing, lying, fighting and being defiant towards parents and teachers.*

Director: Kris Hess, LIMHP

(402)397-9866 ext. 135

Supervisor: Jamie Chiburis, LMHP

(402)397-9866 ext. 115

OUR STAFF and Program

- v All of our staff hold Master's Degrees in a counseling discipline and are FFT trained, most with 2+ years experience. We have a combination of female and male therapists in our team of FFT trained therapists.
- v All FFT therapists receive one year of intensive clinical training and ongoing intensive supervision by a Nationally Certified FFT Consultant. Their data is entered into a national computer system in order to provide comparative outcome data.

OUR ORGANIZATION

- v OMNI Behavioral Health provides prevention, intervention, life skill instruction, parenting, social skill, and behavioral health outpatient services to 1,000's of children and families annually.
- v OMNI also provides an array of outpatient, eating disorder day program, foster care, Enhanced Treatment Group Homes, and In-Home Safety Services. Please see our website for more details.



OMNI Behavioral Health

Functional Family Therapy (FFT)

FFT is an outcome-driven, nationally and internationally utilized, family based approach to working with youth who possess behavioral health needs and display disruptive conduct. Many of the youth are involved with multiple systems.

Phone 402-397-9866

Fax 402-397-1404

www.omnibehavioralhealth.com

FUNCTIONAL FAMILY THERAPY

FFT utilizes specific techniques to engage and motivate youth and families, and especially deal with the intense negative affect (anger, hopelessness) that prevents change. Additional phases and techniques change family communication, interaction, problem solving, and provides them with the skills to better access outside system resources.

Clinical research has proven that FFT is effective in:

- v treating adolescents with Conduct Disorder, Disruptive Behavior Disorder, alcohol and other drug abuse disorders, and who are delinquent and/or violent
- v diverting these adolescents from restrictive, higher cost services;
- v reducing the need for other social services by these adolescents;
- v preventing repeat offenses of the presenting problem;
- v preventing younger children in the family from entering the juvenile justice and/or child welfare system;
- v preventing adolescents from penetrating the adult criminal system.

ELIGIBILITY CRITERIA

- v At risk child is 10-18 years of age
- v Identified child has or may have a mental health diagnosis
- v Child is exhibiting or is at risk for Conduct Disorder, Oppositional Defiant Disorder, Disruptive Behavior Disorder, delinquency or at risk for violence

PAYMENTS

- v This is a managed mental health care service and individual families usually do not pay any fee. Staff will assist families with obtaining the needed evaluation and managed care access.
- v Fees may apply for private insurance clientele.

SERVICE PROVISION

- v Family agrees to participate in services
- v Services are primarily provided in the home; however, office-based is available as well.
- v Approximately 15 weeks in duration.
- v Frequency of sessions derive from each family's needs

HOW TO REFER

- v **Referrals are taken by phone. Call Jamie Chiburis at (402) 397-9866, extension 115. Upon referral, OMNI will make the necessary steps towards gaining insurance approval for services.**
- v Information needed at referral is demographics, the client's Social Security Number, and a brief description of the presenting problem.

REFERRAL SOURCES

Offices of Children and Family Services

Juvenile Probation Offices

Schools

Hospitals

Doctors

Other Community Agencies

Self Referrals